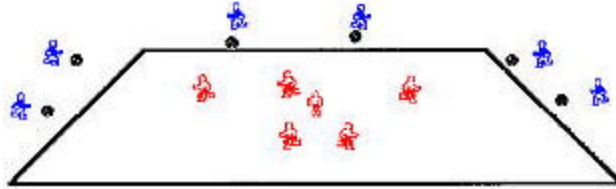


# Foxes & Hunters

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## The Game

- Players on the inside are "Foxes". Players on the outside are "Hunters".
- Hunters dribble into the grid and try to dribble their ball into the Foxes so that it hits them below the knees.
- If a Fox is hit, the Fox drops down to one knee and tries to kick the ball away from the Hunters that are dribbling by.
- Once all of the Foxes are down, the teams switch roles.
- Time each team. the team that "stays alive" longest wins.

## Coaching Points

- Discourage long range shooting at Foxes.
- Try feinting at the Foxes, trying to make them jump into the air, then get them when they come down.
- Work in pairs to try and corner elusive Foxes.