

Bread & Butter



The Game

Three teams of 4 (**A**, **B**, **C**) and two keepers (**X**, **Y**). Team **A** attacks against keeper **Y**. If they score, they then quickly try to attack keeper **X**. At this time, team **B** leaves the field and takes the place of team **C** who were the supporting players on the endlines, supporting both teams. The supporting players support for both teams and can move along the end line. They are limited to one touch on the ball. Have an ample supply of balls ready in each net.

Coaching Points

- After scoring a goal, attacking players look to play quickly before the other team has a chance to come on and get organized.
 - Try to play the ball to target players.
 - Attacking and defending principles of play.
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